

# WEEK 1

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT SPECIALS</b>	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Pork Served with Roast Potatoes and Gravy	Turkey Lasagne Served with Garlic and Herb Bread	Fish Fingers Served with Chips
	Tomato Pasta	Vegetarian Burger Served with Potato Wedges	Vegetarian Cottage Pie Served with Gravy	Vegetable Spanish Rice	Quorn Dippers Served with Chips
<b>JACKET POTATO</b>	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
<p><b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta</p> <p>All main meals are served with two vegetables</p>					
<b>DESSERT</b>	Forest Fruits Jelly	Crispy Crackle Bar with Fruit	Banana Cake	Original Flapjack	Vanilla Ice Cream

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian 
  Oily Fish 
  Wholegrain  
 Fruity! 
  Nutritionist's Choice

# WEEK 2

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT SPECIALS</b>	Cheese and Tomato Pizza 🍕 Served with Potato Wedges	Beef Bolognese 🍝 🍷 Served with Wholewheat Pasta	Roast Chicken 🍗 Served with Roast Potatoes and Gravy	Butter Chicken Curry 🍛 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
<b>JACKET POTATO</b>	Jacket Potato with BBQ Baked Beans 🍟	Veggie Burrito 🌯 🍷 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Quorn Roast 🍗 Served with Roast Potatoes and Gravy	Macaroni Cheese 🍝	Veggie Fingers 🍟 Served with Chips
<b>DESSERT</b>	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings	Jacket Potatoes 🍟 with a choice of hot and cold fillings
<p><b>Tomato Pasta</b> 🍷 Fresh, homemade tomato and basil sauce with penne pasta 🍷</p> <p>All main meals are served with two vegetables</p>					
<b>DESSERT</b>	Chocolate Cookie	Banana and Carrot Cake 🍰	Orange Jelly	Chocolate Shortbread with Fruit 🍰	Orange Drizzle

**PACKED LUNCH AVAILABLE**  
Horn and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian 
  Oily Fish 
  Wholegrain  
 Fruity! 
  Nutritionist's Choice

# WEEK 3

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOT SPECIALS</b>	<b>Cheese and Tomato Pizza</b> Served with Potato Wedges	<b>Pork Sausages</b> Served with Mashed Potato and Gravy	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Chicken and Broccoli Pasta Bake</b> 	<b>Fish Fingers</b> Served with Chips
	<b>Tomato and Herb Lentil Pasta</b> 	<b>Vegetarian Sausage</b> Served with Mashed Potato and Gravy	<b>Cheese and Onion Slice</b>	<b>Meatless Balls in Tomato Sauce</b> Served with Rainbow Rice	<b>Quorn Dippers</b> Served with Chips
<b>JACKET POTATO</b>	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings, including Salmon Mayonnaise	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings	<b>Jacket Potatoes</b> with a choice of hot and cold fillings
	<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta				
	All main meals are served with two vegetables				
<b>DESSERT</b>	<b>Chocolate Brownie</b>	<b>Strawberry Jelly</b>	<b>Banana Cake</b>	<b>Lemon Sicilian Cookie</b>	<b>Chocolate Ice Cream</b>

**PACKED LUNCH AVAILABLE**  
Horn and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, Yoghurt & fresh fruit

Vegetarian Fruity! Nutritionist's Choice Oily Fish Wholegrain

